BRAIN WORKERS TO THE FORE IN THE NOBLE ARMY OF HIKERS

Writers, Lawyers, Educators the Three Classes From Which Are Drawn the Majority of Those Who Walk for the Love of It---Distinguished Men Find Relaxation in Mountain Climbing

By ALBERT HANDY.

gained vogue within the past five years topic to discuss; in fact, he refused to cording to him, in the realm of pure Platisburg inquires in a pained tone is no such thing as pure athletics—
walking has suffered a decline. Today it rarely appears in the list of
track events; most of the records, in this country at least, were made a in Texas they walked a man, a mem-quarter of a century or more ago; and ber of the Twelfth Regiment, to death;

men first mentioned you have asso-ciated them with nothing but walking. "Walking is the best exercise for the curious to note that the two

about the sport and accompanies her would be of no value.

husband on all his hill climbing expeditions. In Washington the two were in his essay, "In Praise of Walking."

familiar figures in the capital city's affirms this: "Walking is the natural great love for hiking except that it

no desire to see the performance as time in the eighteenth century.

you would a bicycle or automobile, HE "Who's Who" of pedestrian. race, or a game of tennis or polo. ism remains unwritten, and if pedestrians and pedestrianism. Lewis it is ever published, the industrious compiler will encounter many lawyer of this city, who takes his pleasure seriously, confessed that he was interested in walking, but said popular pastime, walking has perhaps that it was not a sufficiently serious and the number of walking clubs in this country has increased fourfold. Yet the sporting editor will mark this what the foolish story was that I was statement with a question mark. Ac- writing. But a man just back from athletics—and the amateur standing walking was not a serious subject. by will mutter under his breath there Some people have overlooked it, yet

the men who made them now play far back stage if they play at all.

Pedestrians are roughly divisible into the men couldn't stand it. Last June two classes; those who walk for the a member of the Seventh Regiment to eath; writers abroad, for in most authors of any originality the comadic instinct is strongly marked, and speaking of the two classes; those who walk for the a member of the Seventh Regiment to the men couldn't stand it. Last June to the school representation of the school representations are roughly divisible into the men couldn't stand it. exercise of walking; and those who | told me that he had tramped along the walk because they would be abroad Jersey shore one Sunday afternoon a Walt Whitman and Hagleit. Arthur in the open, because the wanderinst distance of about four miles, as he Rickett in the opening scattered has marked them with its sign. No. felt that he needed to get into training "The Vagabond in Literature" avers before going to camp. And yet people that "There are some men born with them thus; there are degrees, there are wendering why the militia fall by a vagr. nt strain in the blood, an inare intermediate stages, there are ad-mixtures—also there are those who feetly serious subject: the trouble is world beyond their doors." And that will contend that no such classifica-that the average citizen will not take will do for the literary fraternity. it seriously.

George Goulding, who holds the mile | Still it must not be thought that no | this city of which we have any record

recreation for a man who desires not was a desirable form of exercise, and If a man plays golf or tenn's or polo absolutely to suppress his intellect. Hierosper was a great all around the world is apt to find some record of but to turn it out to play for a season. athlete; he would walk from one end the world is apt to find some record of his achievements—or even lack of his achievements—or even lack of all great men of letters have there—in the daily papers; but ceptions of course excepted)." Then the daily papers in the daily papers in the daily papers; but ceptions of course excepted)." Then the daily papers in the daily papers in the daily papers; but ceptions of course excepted)." Then the daily papers walks because a fabric by muscular movements that second field or forcist it was all the same to him although I have always sometically and think of me." Shellow thoughtfully "When we do the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that with the paper walks because a fabric by muscular movements that walking to dedicate any dustice it is a fabric by muscular movements that the paper walks because a fabric by muscular movements that the paper walks because a fabric by muscular movements that the paper walks because a fabric by muscular movements that the paper walks because a fabric by muscular movements that the paper walks because a fabric by muscular movements that the paper walks because the paper walks beca some one liked from N-w York to Athany in 32 hours and 20 minutes walking essays entitled. I think, the time of his death in 1999, "Father you, whose walking consists mostly "Walking and Literature," arrives at 1500" was the guiding spirit of the of a rush from home to subway state of the conclusion, by an examination of Fresh Air Club, It was in the spring west. Further 1500 was the play in the consists mostly be covers ton to offer an of the constant of th tion, draw your breath and wonder contemporaneous fiction for references of that year that he taid out a new premomition; to those who know was



Walkers Club of America

Perhans the necessity of secking new fields, or at least seeing them sented by Stevenson, John Burroughs. The first organization of hikers in

record in this country (6:28, made in one walks in this country, even though is the Fresh Air Club, which had its 1911); Hocking, whose vocation is the compiler of that prospective beginnings about 1876, when Mailian walking, whose chief business in life "Who's Who" has difficulty in locating E, better known as "Father Bill," is guiding the destinies of the Walking and who, as a three professions from which the maside issue, to induce the "ghost to jority of hikers are drawn; these are Buermeyer turned out for wilderness walk," presides over an office building writers, lawyers and educators. The hikes on Sundays through the unin Forty-second street, and Weston, reason for the educators taking to the troublen fastnesses of Staten Island or who for some unknown reason typides road is obvious; they have much time Westchester county or northern New pedestrianism to the average mind, and comparatively little of the world's Jersey in those times the quest for belong strictly to the first class. Just goods; after protracted periods spent the wilderness was not as difficult as tice Harrington Putnam. Police Com- in the school or lecture room they it is to-day. There two were soon missioner Woods and Walter P, Eaton crave fresh air and space; and here joines by several other members of the belong as strictly to the second class, my mind reverts back to a rather New York Athletic Club, and the You know, by reputation anyway, all cynical paragraph which made the Presh Air Club, which has had on its the men last mentioned, but you never rounds of the press some years ago, | roster the names of many of the promassociated them with walking; if you so many in fact that it is safe to linent men in New York who were in-have ever heard of any of the three repeat it here. It ran something like terested in tramping, came into exist-

Charles Evans Hughes walks with brain workers. Fortunately walking men who put inking on the map were the same whole hearted enthusiasm and earnestness that he displays in all workers can afford."

Why the bench and bar should congrain and after his work with the Armstrong committee, Mr. Hughes hikers' guild is not easy to explain. sought relaxation by climbing Alpine I am not going to attempt to explain was official pathfinder for the club, mountains, and in his brief respite it. I submitted the question to four and before each walk he would go out from speeches on his present Western Judges and each of them declared that plans to tackle the Rockies, as any opinion expressed on the sub- and where necessary blaze a trail. Mrs. Hughes is equally enthusiastic ject could be only an obiter dictum it yet in town be almost invariably rode

aw your breath and wonder contemporaneous fiction for references of that year that he half on a new premoration; to those who know may be said to be the life. Happily, inactive, Though a man were tamering, that pedestrianism did not | trail on Slide Mountain, which, how ture fermately she speaks in diverse. Recently he turned over because it is not be the life. transity your imagination, you have become a popular pastime until some ever, was not cut out until after he



State Commissioner of Edu- Park Commissioner Raycation John H. Finley. mond V. Ingersoll.

Put Slide Mountain is Justice Put- started on a long, long like; and they Stephen accepted, at the same time Club, most of his walking being done given a chance; it would be an only nam's stamping ground and belongs to never saw him again. But when the deprecating his own prowers as a pelusion. Each year Justice Putnam storm came down he went on and on destrian. They went up hill and down "be name of sives a general invitation to the memliers of the Fresh Air Club to visit his
day in the southern Catskills over
what had once been "Father Hill" they when, to their consternation. Stephen most picturesque figures witch adorns Perhaps be has se- brought back and laid in Woodlawn began to swing into his real pace, the pages of the history of tramping citizens. We are doing all we can lected Memorial Day in order to cele-brate the anniversary of his longest Near Ju-

is the covered in 15 hours 37 minmembers of the club "to remember of ever three mountains. Wittenberg, lyn, And Prof. Hallock has followed missioner ingersoil has recently joined Slide and Carnell, before reaching their the trail blazed by "Father Bill," as he the Appalachian Mountain Club and destination. "Father Bill was a mem- had done many times before, only this is mildly enthusiastic over country er of the 1900 party; he and Justice time it led to the Ever-Ever Land; and walking. He encourages the hikers Der of the 1900 party, he and distinct They Prof. Kellogg sent a cheerful message to traverse the less frequented parts buttam were the less frequented parts. Prof. Kellogg sent a cheerful message to traverse the less frequented parts buttam were the less frequented parts. moved by a common impulse looked was now able to walk around the mirable trails along the two and a down into the valley which they had block. You see he didn't follow the bull mile stretch of water front be-

Appalachian Mountain Club, the Sierra distinct Cropsey is also a linker. He is kept warm and receives sugar, this channel to propel the purchase and the American Alpine Club. In his capacity as breadent of the last named organization from the last named organization from the past spring. "But," water, milk, blood or other moisture president of the last named organization from the past spring. "But," water, milk, blood or other moisture and and tenaciously attached at the

> Lestie Stephen and not so well known would not seem to my simple mind to or so councily askep that muscular any motion of vision is to the cut as he is to-day he was visiting the late never him from that privilege, for I motion in these structures ceases and their outer and three interior in would have some sport with the Eng- long as your shies are right. Twenty thousand winks or there. No man can be alive and be will lishman. They invited him to walk. Fr. John Huston Finley, New York, abouts each day is the allotment by without athletics.



Justice James C. Cropsey.

But when the walk was over, and it is that of E. Berry Wall, well known to along these lines; for instance or brate the anniversary of his longest. Near Justice Putnam's ledge is a wasn't over then by any means, there is former generation of New Yorkers ganizing them into a juvenile police tramp, which was taken on May 20. grove of majestic frees, and here on were two young Staten Islanders who he "King of the Dudes," at a time when force, and the police will describe the state of the police will describe the state of the police will describe the state of the police will describe the police will des

tion he has met most of the prominent the Fresh Air Club, "he can't be much athletic exercises for which it was creative and with many has been on terms of intimacy. This amends to write the first color in King, while not particularly street clothes." Now the ascent of which he tells concerning Sir Leslie Stram King, while not particularly seed to write him and worm, expand and contract as is worthy of preservation.

Some years ago when he was plain that he was not wearing hiking togs them. No living thing can be so lazy balls, a look heavenwards, or hope of the street clothes." And the first seed of the artitles and worm, expand and contract as long as heat and folder are furnished.

Gov. Hughes Always a Great Pedestrian --- As a Pastime Walking Has Been Gaining in Vogue in the Last Few Years

Appalachian Mountain Club will frequently turn out more wome: 18. men on its Saturday afternoon likes there are not many prominent wone Preston, widow of ex-President Cleveland, has done a little tramping in the White Mountains, but there are few if any, other names associated with the metropolitan district which suggest themselves.

Clergymen and physicians are rarely found listed in the walkers' roster. It is told of Dr. S. Weir Mitchell that he urged his friend Phillips Brooks to walk, but Dr. Brooks always replied that he had no Ume; yet his death Commissioner of Education, has to was unquestionably hastened by lack visit a large number of country of exercise.

Police Commissioner Arthur Woods

Police Commissioner Arthur Woods the early days of his incumbency he is a member of the Fresh Air and the created a sensation, if not a scandal, Appalachian Mountain clubs, and belongs to the inner circle of the broths erhood of hikers. For nine years he was one of the masters at Griston School, and during the long vacations but pedestrians are indigenous to the he took walking trips in many lands One through Nova Scotia, from Division Surrogate Robert Ludlow Fowler and to Halifax, seems to have left a pur-Justices Donnelly and Bijur walk the ticular impression on his mind. streets of New York and seem to en-joy it. The first named, who is often tramps?" I inquired.

"I'm not sure," he replied, "when ; noon, will frequently cover eight or man's married it's differenthe stopped, but there was a far off Weeks is an honorary member of the look in his eyes, perhaps he again sas Walkers Club of America, but admits the apple orchards of the Land of trankly that he belongs to the rocking Evangeline.

"Commissioner," I asked, "if the walking is limited to his subscription American Walkers Association carries for century medals. John B. Stanch- out its purpose of organizing a hikers' tield is credited with being somewhat club in each of the public schools of pedestrian, and frequently after a this city, do you think that it will be hard day in the courtroom will walk a constructive factor in reducing the ome in the evening to clear his brain. amount of juvenile delinquency

"I certainly do." he replied withou Hansen is another lawyer who is an hesitation, "I believe the most perenthusiastic member of the Fresh Air ple are going to be decent if they are The name of the late Mayor Gaynor, which now vents itself in ways which force, and the police will do

EVEN THE LAZIEST EXERCISE

By DR. L. K. HIRSHBERG. | Insture to the muscles of the data

straight road, but turned the corner tween Fort Hamilton and Bay Ridge 2 Lained and life is kept in his eyelid, occupies only one-difficily of the form back.

"We are not going to dedicate any distinct Kapper walks because a fabric by muscular movements that hour means that the upper and the

At Macomb Dam Park, 1914.

by hiking from place to place. To the

rural mind it is inconceivable that any

one should want to walk; in fact, to

many it appears scarcely respectable;

met striding up Broadway in the after-

chair section, and that his interest in

Ex-Deputy Police Commissioner Bert

town and not to the country.

Each day be trialges to and from the vital flames in your anatomy would receive an immense omburt of of pris Sanday he covers ton to different miles, motion. Metaphorically, the muscles play a large role in the athletic worthy of respectful consideration.

Justice Putnam is a member of the town.

George William Cartis on Staten 1s. have written and rewritten and iter-and. Two young men who had a local sted and reiterated that no special most indisputable of automatic physi-skating, running and other special reputation as hikers thought that they complete for blaims is necessary so cal exercises is winking the eye, to the leg, arm and skeleton to the

MAN may be lazy and inac-tive, yet his vitality is mainlower eyellds open and shut the

or even fragments of it, so long as it muscle waves worm their way and a

By Karl Illava

PATIENTS IN GLASS HOUSES



.. Walls of glass ..

that has contributed so largely to the cross infection might be invited.

over the ravages of infantile. Metropolitan Hospital, and her record ple in this country at the Home for to another she has to bothe her hands paralysis and even experts being typical of so many, many other own good sized glass walled chamber, makes his rounds he first reads the are not in accord as to how the disease cases. According to the report, in her and each of these rooms is equipped chart and report posted upon the glass is carried, the question of cross infec- stay of seven months and ten days completely, so that there is not the panelled door of each chamber, and is tion becomes just that much more at the hospital she suffered from slightest need of the common use of then near enough to the child to ob-

long ago a special ward in a separate child has its own feeding bottles, and a building for the care of newly arrived clinical thermometer hangs up in each light pours in from the cast and the Children are peculiarly susceptible infant inmates. It is designed prima-compartment. Air and the temperator of diseases, and these rily to take care of very young babies ture of each room are under independant circulation of fresh air. When the weather maladies are spread from child to and to form a cearing house, so to dent control. child both by devices and direct routes. speak, before passing the youngsters. When ones within their individual in its crib on the 'road porch, which it is no uncommon thing for the little into the general wards. Being so "cubicles" or glass wailed rooms, the is suitably shaded. Each little crib ones in phranthrops institutions to young, the babies cannot safely be put aim is to trespass upon the privacy remains in front of its special chambe the victims of prolonged attack by in a single general observational ward, of the wee guests as little as possible, ber so that there is no chance of cona rapid succession of infectious fevers as the term is commonly understood, and yet make it practicable to watch tact.

presumably well. Yet for administrative reasons it is walk along the corridors of the L the Home for Hebrew Infants, and youngsters in orphanages. A fair ex-needful that the young ones be so shaped ward or see them from the where the maximum age limit is five ample of the danger to which the segregated that all of them can be suddenk at the corner of the L. There years, it must be apparent how vital youthful beneficiaries are thus exposed pervised by one or two nurses and un- are tweive compartments or cubicles, to their welfare is this precautionary strik right emphasized by a report of der circumstances that insure there and each glazed room is absolutely iso- department. Clearly the principle of

Acute. This is particularly so in hos-pitals and benevolent institutions. At the Home for Hebrew Infants in where hundreds of patients and in- this city there was put in service not its own toilet appurtenances. Each sonal contact to a minimum.

castors are rolled out in the air when the weather permits

the like. It is this very condition for the reason that the dangers of all of them. The glass partitions make in a big institution, where hundreds at his contributed so largely to the cross infection might be invited.

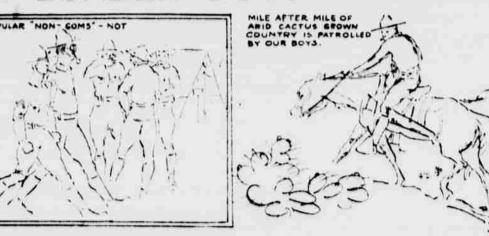
THEN every one is exercised was admitted some years ago to the which has its only duplicate in princi- when a nurse passes from one child

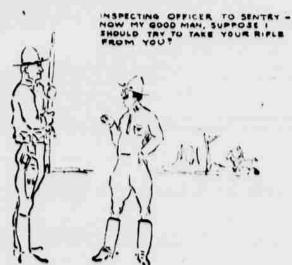
permits each little baby is rolled out

The Charities.

Oughness of oversight. This would be lated. The chambers can be entered the glass walled cubicle is one that The chambers can be entered the glass walled cubicle is one that only from the corridor or from the should be widely adopted, not only for not yet 2 years of age. The child the Pasteur Institute in Paris, and contiguous outlying veranda, and the young but for grownups.

BORDER DUTY







PETER J. HICKEY WELL KNOWN JOCKEY, HIS DEVUTION TO MULES IS COMMON CAMP GOSSIP,